

BOOK YOUR FREE SWIM ASSESSMENT TODAY!

- Excellent form of physical activity
- Promotes water confidence
- Increases strength and speed
- Improves breathing
- Helps to stay safe and have fun in the water!



MEMBERSHIP PRICES:

| | |
|--------------------------------|------------------|
| Active Swimming Lessons | £22.50 per month |
| Swim Academy | £26.00 per month |
| Child Private Swimming Lessons | £63.00 per month |
| Adult Private Swimming Lessons | £83.71 per month |

T: 01475 213129

E: portglasgowswimmingpool@inverclydeleisure.com

W: www.inverclydeleisure.com/swimschool

SWIMMING LESSONS A SKILL FOR LIFE



Port Glasgow Swimming Pool

Bay Street, Port Glasgow, PA14 5EB

01475 213 129

portglasgowswimmingpool@inverclydeleisure.com

Swimming memberships covering unlimited use of pool and health suite facilities.

Please contact reception for more details.

For more information on Port Glasgow Swimming Pool or any other Inverclyde Leisure facility, visit us at www.inverclydeleisure.com



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www.inverclydeleisure.com

Inverclyde Leisure is a registered Scottish Charity No. SC 032161

Port Glasgow Swimming Pool



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Welcome

Port Glasgow Swimming pool is situated on Bay Street, Port Glasgow just off the main road between Greenock and Glasgow.

Within the facility there is a 20 meter swimming pool offering a range of activities and classes, easy and specially designed access for disabled groups, health suite including a sauna and steam room and lounging area.

Our friendly and experienced staff will ensure your visit is memorable and enjoyable!



Health Suite Opening Hours

| | |
|-----------|---------------|
| Monday | 07:30 - 20:00 |
| Tuesday | 15:30 - 20:00 |
| Wednesday | 07:30 - 20:00 |
| Thursday | 15:30 - 20:00 |
| Friday | 10:00 - 20:00 |
| Saturday | 10:00 - 16:00 |
| Sunday | 10:00 - 14:00 |

*During school holidays the health suite opens at 10:00 on Tuesday and Thursday's



1 HOUR
INFLATABLE
FUN SESSION
POOL PARTY
£126

Swimming Lessons
£22.50
per month
Direct Debit

Contact
01475 213 129

MEMBERSHIPS:

Active Swim membership
(Port Glasgow Swimming Pool only)
£21.50 per month £236.50 year up front

SWIMMING:

| | |
|-----------------------------|------------|
| Adult Health Suite and Swim | £6.00 |
| Adult Swim | £4.50 |
| Concession Swim | £3.90 |
| Inverclyde Over 60's Swim | £3.40 |
| Fun session | £3.90 |
| Child Swim | £3.90 |
| Inverclyde Child Swim | FREE ENTRY |
| Live Active Swim | £2.80 |

Swimming Pool Timetable

| | 07:30 | 08:00 | 09:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | 16:00 | 17:00 | 18:00 | 19:00 | 20:00 | 21:00 |
|-------|-------|-------------------------------|-------|-------|-------|---|---------------|-----------------|-------|--------------------|------------------|---------------------|-------|-------|---------------------|
| MON | | Public Swimming (Early Birds) | | | | | Swim Fit | Public Swimming | | | | | | | Adults Only |
| TUES | | | | | | Pool open during school holidays* 10:00 - 15:30 | | | | Public Swimming | Swimming Lessons | Port Glasgow Otters | | | Adults Only |
| WED | | | | | | | Aqua Aerobics | | | Public Swimming | | | | | Adults Only |
| THURS | | | | | | Pool open during school holidays* 10:00 - 15:30 | | | | Public Swimming | Swimming Lessons | Municipal Club | | | Adults Only |
| FRI | | | | | | | Aqua Aerobics | | | Public Swimming | | | | | I.A.S.C |
| SAT | | | | | | | | | | Family Fun Session | | | | | I.A.S.C |
| SUN | | | | | | | | | | Swimming Lessons | | | | | Port Glasgow Otters |

From 10am to 11am Mondays to Fridays during school holidays all children under 16 must be accompanied in the water by a responsible adult. Last admission to the public is 30mins before swimming session ends. An adult must accompany all children under 8 years of age in the water at all times. Guaranteed minimum sessions - Swimming 30mins; Health Suite 30mins. This programme is subject to review and may change to meet demands.